

**HEALTH AND HOUSING SCRUTINY COMMITTEE  
2 APRIL 2025**

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**SUPPORTING CHILDREN AND YOUNG PEOPLE’S HEALTH AND WELLBEING IN SCHOOLS –  
CONFERENCE**

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**SUMMARY REPORT**

**Purpose of the Report**

1. To share an overview of the event with Members, for information and questions

**Summary**

2. The Public Health team organised and facilitated a Children and Young People’s Health and Wellbeing conference, which was extremely well received from the majority of schools across the borough.

**Recommendation**

3. It is recommended that the Committee welcomes the feedback from the conference and support for future events.

**Lorraine Hughes,  
Director of Public Health**

**Background Papers**

Conference Agenda

author : Catherine Shaw, extension 6012

Council Plan	Supporting the best start in life, realising potential and raising aspirations.
Addressing inequalities	There are no implications arising from this report.
Tackling Climate Change	There are no implications arising from this report.
Efficient and effective use of resources	N/A
Health and Wellbeing	The conference supported development of practice to promote children and young people’s health and wellbeing.
S17 Crime and Disorder	There are no implications arising from this report.
Wards Affected	All
Groups Affected	All
Budget and Policy Framework	N/A
Key Decision	N/A
Urgent Decision	N/A
Impact on Looked After Children and Care Leavers	This report has no impact on Looked After Children or Care Leavers.

## MAIN REPORT

### Information and Analysis

4. The Supporting Children and Young People's Health and Wellbeing in Schools Conference took place on 11 February 2025. (agenda attached as Appendix 1).
5. 102 delegates attended on the day; there were 33 schools in attendance, alongside 14 local and national services which support work in schools. Colleagues from alternative provision and Children's Services were also in attendance.
6. There were seven workshops hosted throughout the day, delivered by Public Health, With You Young Peoples Service, YGAM, NSPCC, Alice Ruggles Trust and Consent2it.
7. The main agenda saw eight speakers deliver a range of regional and local updates, good practice sharing and examples of what works well, with links to local and national strategy.
8. The consultation on the Healthy Lifestyle Survey project was launched with an activity for all participants. The Oral Health Promotion Strategy development consultation also commenced with delegates asked what better support they require within their settings; this information will be collated as part of the development of the strategy.
9. Reid Street and Hurworth Primary Schools received their PSHE (Personal, Social, Health and Economic education) Quality Mark Award for completing their accreditation and six schools attended a PSHE Quality Mark workshop at the conference and are considering the award. For information, there are 10 further schools in Darlington currently working towards this award.
10. Other outcomes from the day include:
  - (a) four schools revisiting the opportunity to provide the supervised toothbrushing scheme within their settings;
  - (b) two schools offering to pilot the Health and Wellbeing Toolbox project;
  - (c) the agendas for the virtual Primary and Secondary PSHE Networks in March were developed based on feedback from the conference.
11. Evaluation forms were circulated on the day and feedback was gathered. The majority of feedback was extremely positive. An evaluation of the feedback is attached as Appendix 2.